## I.D.<sup>™</sup> SNAPSHOT

- Vertical mindset
- Needs to process
- Focuses on constant improvement (5%)
- Solo problem solver



- Horizontal mindset
- Needs to react
- Accept and move on
- Collaborator

- Explicit
- Practical
- Visible (Action; doing; transparent)
- Words are literal



- Implicit
- Theoretical (Idealistic)
- "Submerged" (feelings, perceptions, diplomatic)
- Words are directional
- Leverage

- Energy builds with momentum (focused)
- Harmony & integration
- Whole picture and how you fit in
- A detailed plan you can track
- Time and resources to ensure momentum and completion



- Energy depletes over time (distracted)
- Goal-focused& singleminded
- Customize & exceptions
- Freedom to pioneer & experiment
- Driven to get started





## I.D.<sup>™</sup> SNAPSHOT

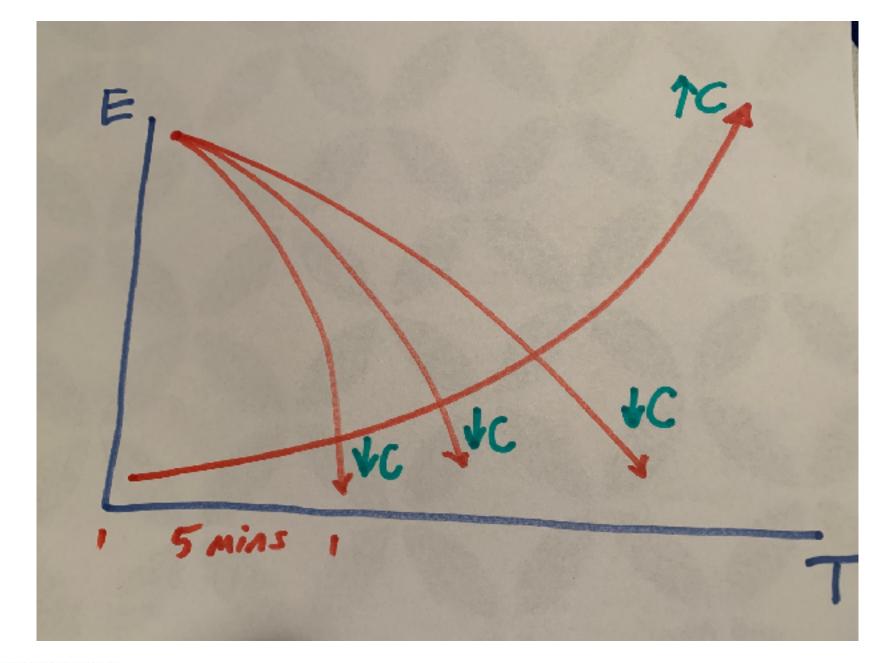


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Hard American Ameri American American A	Traits	What you <b>need</b> to motivate yourself?	What <b>demotivates</b> you	Natural <b>strengths</b>	Vulnerabilities
Addis         Difference         Addis         Difference         Addis	Driven to get started Customize & exceptions Defiant, rebellious, non- compliant Energy depletes over time (distracted) Goal-focused& single- minded Freedom to pioneer & experiment	Autonomy Room for creativity Quick-win (short & sweet) Variety Change Non-negotiables S/term goals (versus instructions) A plan/strategy (to know where to start) To stand out A "cause"	Rules ("Have-to's") Agendas Email scroll bars Predictability "I told you so" Repetition Things dragging on	Getting things done Pioneering Catalyst Experimentation Lateral thinking Innovation Flexibility Spontaneity Customizing → people feel special See the exceptions Dealing with change Approachable	Easily distracted (ADD) Bored quickly Defiant Intention versus execution → Lack of accountability Under-scoping (3x) → burnout Deep org alignment Inefficient (duplication & unfinished) Lack of appreciation (of effort) Inconsistency → credibility Not closing the loop (with others)
How other (really) <b>perceive</b> you at times	<b>Self doubt</b> – the voices in your head	Causes of <b>stress</b>	Key <b>strategies</b> (to leverage strengths, mitigate vulnerabilities and operate at your best)?	Your ' <b>genius'</b> – white belt level & black belt level?	Stories
Spontaneous Flexible Inconsistent Lacking accountability Inconsiderate Reckless	The "C" word: Commitment Tenacity Lack of memory = didn't care enough or wasn't present	Very little (as out of sight = out of mind) Forgetting things Red tape Trapped or constrained (no options) "This is the way we've always done it" Delays	Find the "1 thing" that's easy to action (that then makes everything else happen)? Hound them Do it now or die Chunk it up (short burst) One line responses Get clear on the non- negotiables <i>"This will only take a</i>	<ul> <li>WB: willingness to experiment → innovation, results (can look like lack of fear)</li> <li>BB: knowing/doing the 1 thing that provokes transformational change (to a point of no return)</li> </ul>	
What shows up when you do? " <sup>""</sup> Spontaneity, innovation, confidence, action, multi-tasking					



